

## SPECIAL TIME WITH GOD

Reading my devotions this morning and quite honestly struggling with them, as my body was feeling weary, I wanted to close my Bible, put everything aside, go back to bed, pull the covers up over my head, shut myself in and forget the dawning day! *"Oh this stinking flesh!"* I thought. *"It sure does like throwing up roadblocks trying to distract us from our daily devotions wherein we are refreshed for the new day."*

Then I was gently reminded by the Lord that my special time with Him will slip away from me if I do not guard it carefully. And I know that when I press into Him, I always feel better—I am refreshed in mind, soul and body. My strength is renewed in God's promises and my day is covered by the presence of the Holy Spirit as He gives me my tasks for the day.

Turning back to my Bible, I quickly prayed, *"Father, forgive me for wanting to yield to my "stinking" flesh! By your grace, bring me back into Your loving presence. Continue to give strength to my weary body. Wash over my spirit with the words of life. Renew my mind and bring clarity for the tasks at hand. Help me to look at this day with a positive attitude and to walk therein, as I shut the door firmly to any negative thoughts laid as traps to ensnare me."*

As God's presence filled my heart once again, cleared my mind and refreshed me, I felt the urging of the Holy Spirit to invite you to agree with me in this prayer, if you too have been struggling with negative thoughts and the wanting to escape all mentality. For we know that there is power and authority in the agreement of saints praying together. I pray that God will clear the cobwebs from your mind, remind you that you are His child whom He loves deeply, and that you allow God in His gentle, but firm way, to lovingly touch your spirit this day.

*"Thank You Father, that You will uplift, encourage and strengthen my brother and sister's heart today, and they will feel Your mighty presence with them. Remind them that You will bless and keep them through all situations and trials. No problem or circumstance is too great for You, Father God, to handle.—no mountain too big to block Your child's way, for You walk beside them. Know beloved, that He will bless you and keep you through each day. He will minister to you in various ways as your day unfolds. Trust Him in all things and for all things, for He is truly faithful and He delights to minister to the hearts of His children. Remember, God has a plan to prosper you and your destiny in set forth by His hand. Keep your mind centered on Him and your heart pure and strive to walk in the right spirit. Keep their hearts turned to You Father, I pray and strengthen them in mind, soul, body and spirit. May your children abide in Your truths and promises in their daily walk and increase their faith to receive. Amen!"*

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