

OUR DAILY BREAD

I am the living bread, which came down from heaven. If anyone eats of this bread, he will live forever: and the bread that I shall give is My flesh, which I shall give for the life of the world. John 6:51

It is written, Man shall not live by bread alone, but by every word that proceeds from the mouth of God. Matthew 4:4

God is faithful in all His ways and when we ask Him for daily bread, what do we mean?

Is it the basic necessities of life?

Is it merely food to nourish our body?

OR is the Father providing much more than mere food?

God gave to the world His most precious possession, His son, Jesus, as a provision for eternal life. As we believe in and receive Jesus into our hearts, we become partakers of His divine nature. Jesus Himself tells us that He is the living bread; the bread of life. We are assured that Jesus will provide strength for our souls, bring healing into our lives, and help build our faith. He is the 'real; heavenly bread and the true life-sustaining power. We are joined to God through Jesus Christ and are receiving the benefits of His life.

When my children were growing up they loved coming home to the smell of fresh bread baking in the oven and knowing that cinnamon rolls were the desert for the evening meal. I baked bread 3 to 4 times a week because it was eaten as fast as I could bake it: toast in the morning, slices loaded with butter and jelly for an evening snack at bed time, and when you sat down to homemade chicken soup filled with noodles, bits of carrots and delicious chunks of chicken, to dunk your bread in; it was a most perfect day.

We need more than physical food to sustain us though the day. We need the daily bread nourishment from our heavenly Father. Psalm 34 verse 8 tells us to taste and see that the Lord is good; blessed is the man who trusts in Him. God has given to His children in the form of discernment, the capacity to choose and delight in good things. Our heavenly Father wants us to have everything we need to affirm His image within us. He wants us to walk in is light and be filled with His love. He delights when we fill up on

His Word; filling up on His daily bread. The Word to our spirit is as meat is to the physical body. It brings a balance to our very being.

A delicious bowl of chicken soup topped off with homemade bread is like reading the Bible. It hits the spot. The carrots and noodles are like the promises of God given to His children and plentiful in supply . And the chunks of chicken found in the bottom of the bowl are likened to the when we read the Bible, study it for direction and encouragement and then apply it to our lives.

*Listen very closely to me, and you will eat the good food. You will enjoy the food that satisfies your soul. Listen closely to the things I say. Listen to me so your souls will live. ~Isaiah 55:2b*3a*

You will show that you are made strong by the words of faith and good teaching that you have followed. ~ 1 Timothy 4:6b

Sometimes our feet stray because of negative circumstances that touch our lives and we find ourselves on the path of darkness. Yet God is STILL FAITHFUL! He is always bringing us back to the path of truth and righteousness. When we are walking in darkness, we cannot find our daily food, it is there, but the blinders of deception and lies cover our eyes. It escapes us. We become weak. Satan's plan is to drive us to the point of spiritual starvation and eventual death. He would have us cut off from God's nourishment.

Spiritually starving, we cry out as David did, and the Word says in Psalm 34:17-18 *that when the righteous cry out the Lord hears, and delivers them out of all their troubles. The Lord is near to those who have a broken heart and save such as have a contrite spirit.* He is the God of salvation. He will not abandon us. He will provide all the resources we need to be spiritually healthy. He will rejoice with us in our successes. Whatever we need to be the best people we can be, God will provide and our part is to embrace His help and apply it diligently to our lives.

Do not go without your daily bread! The door is open! Walk through and feast at the Lord's Table! Call upon the Lord daily and share in His benefits. He will do even more than you expect. His heart desire is to bless you, nourish you and fill you to overflowing with His love and provisions.

Blessed are those who hunger and thirst for righteousness, for they shall be filled.

Matthew 5:6