

JESUS IS YOUR SIGNPOST

Today in an email, a friend sharing her heart wrote these words.

“I guess I need to find out who I am again. I lost myself and my purpose this last year. It was scary to find out I didn't know who I was any more. So I am working on my identity again. Who am I?? I know I'm in here, somewhere, I just have to find me again.”

Can you feel the pain—despair—the discouragement in her words? The feeling of being lost, not able to find your way back to familiar places and especially not knowing who you are is devastating. Most people are at a loss to help. Therefore, the road is lonely and confusing. I could relate to what she wrote—can you?

My response to her—Press into Jesus, you are not lost! Jesus has never lost one of His sheep yet. He sheep know his voice and will come when He calls for them. Ezekiel 34:16 says, “I will seek what was lost and bring back what was driven away, bind up the broken and strengthen what was sick; ...” so start thanking the Lord that He has revealed to you the truth for the need to redirect your thoughts and life. You are on the right track, just press into the Word, tell the Lord how much you love Him and start thanking Him for your life. He is and always will be your *signpost*. He will direct your paths. He will be there when you need Him. He will be the arm you can lean on for support. He will be your confidence; your assurance of a better life to come.

Trust the Lord in the moves He makes in your life—the doors He open and closes, and embrace the seasons as they come. God will never fail or leave you. He may sometimes step back—in order for you to stand in the face of adversity and overcome. You may feel lost, but He knows exactly where you are. He's right there with you. Let your heart be lifted in that truth. You may be surprised how quickly the confusion, negative and crazy thoughts start turning into positive adventures in Jesus. Dare to jump on the back of the tandem bike. Hang on! And ride the wind with Jesus. It may be a wild ride, but you won't fall off. You're secure in Him.

Sometimes you must go through difficult times and struggles in order for the Lord to open the door to your heart, so you can recognize the pattern of denial that you have fallen prey to. Denial can hinder facing painful memories, thus allowing God's healing to set you free. As the burdens overwhelm you, consciously learn to “*pass the ball*” back to God—learn to “*let go*”! Not an easy task to do, but take each day as it comes, live each moment as it happens and trust God who loves you.

I have learned that even as I struggle daily to just stay afloat, to just keep things together, to just stay alive—great breakthroughs are happening in the heavenly realm. I believe God is daily

dispatching angels to come to our aid and He is saying that our lives have the potential to break through the spiritual darkness during these times. In Him, we are powerful and effective weapons. When the enemy deceives you and tries to make you feel useless, weak, and insignificant, not fit for God's kingdom, unimportant—don't listen, don't fall for the lies. Turn your eyes toward heaven from where your help comes. Reflect upon God's truth and promises and you will recognize the lies of the enemy and will move from darkness into His marvelous light.

Where you are standing now—may be dark and seemingly in the shadow of death, but that is where you are the strongest. Jesus is and will always be your strength. His victory will become your victory and breakthrough is just around the corner. So, hang onto Him and “let go” of the lies. Jesus, our signpost will never lose us or let us go! He is the way, the truth, the life.

You are not lost; you may have taken a detour, but **Proverbs 3:6** tell us, “*In all your ways acknowledge Him, and He shall direct your paths*”. And then reflect upon these words in **Psalm 25:4-5**, “*Show me Your ways, O Lord; Teach me Your paths. Lead me in Your truth and teach me For You are the God of my salvation; on You I wait all the day.*”

Be strong and of good courage. God has seen every tear and heard every sigh and He loves you dearly. You are not forgotten and His promises are still powerful and true. See your cup as half full, not half empty. Constantly lift your cup to Jesus. He will fill it with the best water—the living waters of heaven.