

In Your Quiet Place

Often in our Christian journey we encounter situations, circumstances and strained relationships that take their toll on us emotionally, physically and spiritually. We feel stuck—our feet caught in the miry clay. We are confused, tired, depressed and often angry as things continue to build up and we can't see a way through them. A cloak of darkness has been thrown over us—heavy, oppressive—our legs start to buckle—we are being forced to the ground—feeling powerless—weak—unable to shake it off?

Sound familiar? It is a terrible place to be yet many of us come under just such attacks. The enemy is not idle and the cloak is dropped, often without us even being aware that it has fallen until it's too late. We are snared. What can we do?? Who can help us? Are we doomed to a life of misery?

God is our answer. He is always our hope. We cry out, He hears and walks us through by the power of His Word—the Bible. Psalm 46:1 gives us hope as we read, "God is our refuge and strength, a very present help in trouble." And Psalm 18 verses 1, 2, and 6 reinforce that hope: "I will love You, O Lord, my strength. The Lord is my rock and my fortress and my deliverer; My God, my strength in whom I will trust; My shield and the horn of my salvation, my stronghold. In my distress I called upon the Lord, and cried out to my God; he heard my voice from His temple, and my cry, came before Him, even to His ears." Jesus is the way the truth and the light. He will make a way for us.

PRAYER:

Thank You, Father, that You are the same yesterday, today, and forever. You change not. As we devote our whole hearts to obeying You and Your Word, we can trust You to do the things that You say You will do. Thank You, Father, that as we tenaciously hold onto Your promises, You build up our faith; we can draw near to you with confidence in time of need. As You were with the children of Israel, You will be with Your children today; You will never leave us nor forsake us. We will be strong and of good courage. We will not be afraid, nor dismayed, for you, Lord, go with us wherever we go. Amen.

A Thought: Know to whom you belong. Choose light rather than darkness.